

Pain Diary Before and After Hip Injection

- Before Injection: ___ / 10
- 5 minutes after: ___ / 10
- 30 minutes after: ___ / 10
- 1 hour after: ___ / 10
- 3 hours after: ___ / 10
- 6 hours after: ___ / 10
- 12 hours after: ___ / 10
- 24 hours after: ___ / 10
- 3 days after: ___ / 10
- 7 days after: ___ / 10
- 2 weeks after: ___ / 10
- 1 month after: ___ / 10
- 3 months after: ___ / 10
- 6 months after: ___ / 10
- 12 months after: ___ / 10